

NEVADA

PEEP



Strengthening Families *with*
Education • Empowerment • Encouragement

Our Mission: To increase the opportunities for home, community and school success for children with disabilities, including those who are at risk or who have serious emotional disturbances, their families and their service providers, through education, encouragement and empowerment activities.

**Family Engagement from the
Parent Perspective**

Learning Objectives

Participants will be able to list key language associated with strong family engagement and express the significance of the key language.

Participants will be able to recognize System of Care values and discuss how those values are implemented at the individual, administrative, and system levels.

Participants will be able to critique their own policies and practices to assess whether their current operations promote family engagement.

Participants will be able to relate family engagement practices to how the family is experiencing those practices.



Best Practice

“The importance of engaging families is being increasingly recognized as a best practice in providing quality services in child and youth mental health. Once regarded as a cause or contributing factor of their child’s problems, parents are now viewed as collaborators in resolving their child’s problems.” Osher, 2001

Key Terms

Family

- Different sizes and generations
- Multiple living arrangements. Temporary or permanent.
- Become a part of a family in many ways.

Family Engagement

- Direct and meaningful impact
- Systems, policies, programs, practices
- Related to children and families

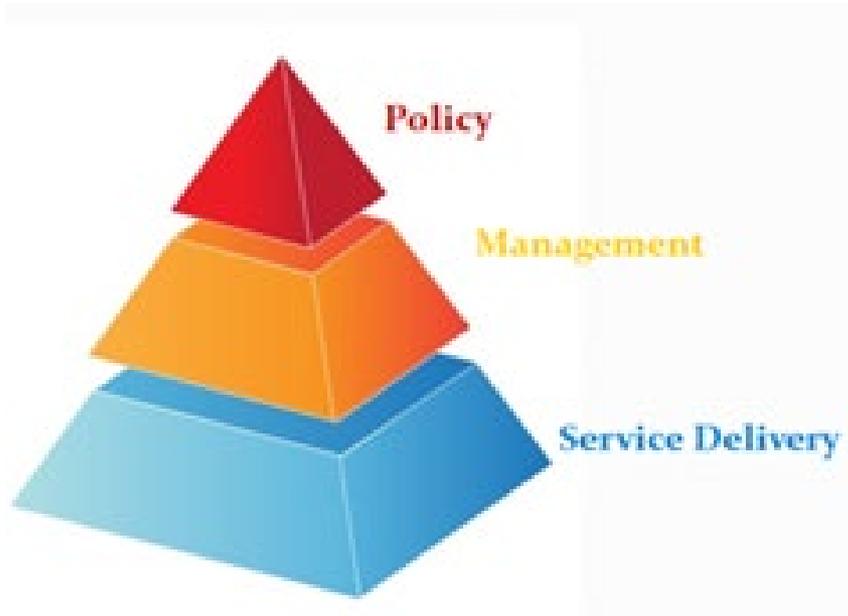
Family Driven

- Primary decision-making role
- Their individual child(ren)
- All children in their community, state, tribe, territory and nation



System of Care Values

- Family-driven, youth guided
- Community-based
- Culturally and linguistically competent



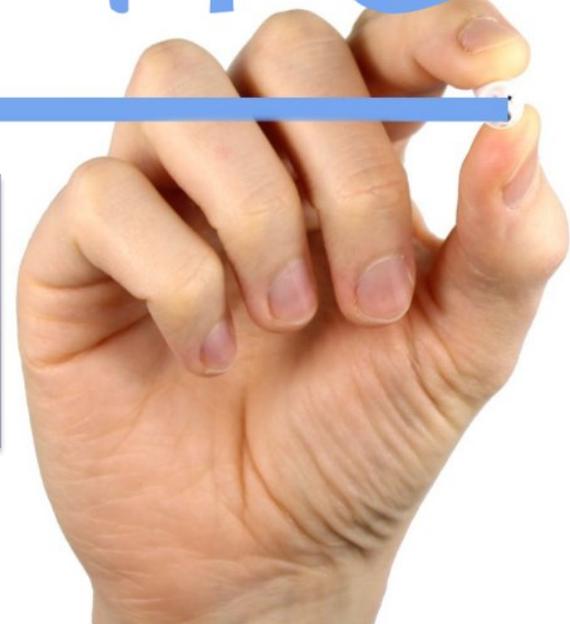
Levels of Family Engagement

BENEFITS

Helps development of youth

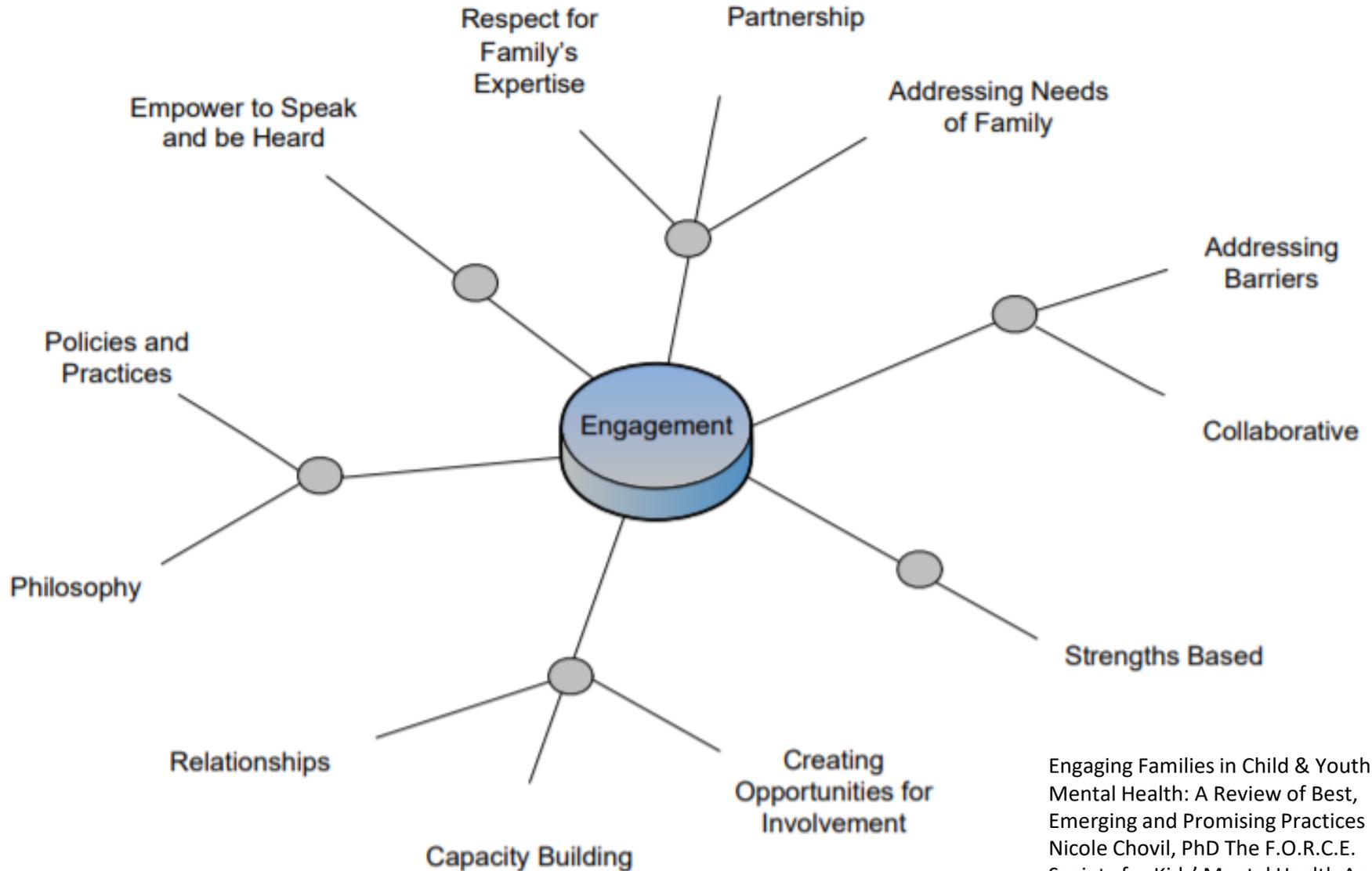
Creates a system of trust

Provides new experiences



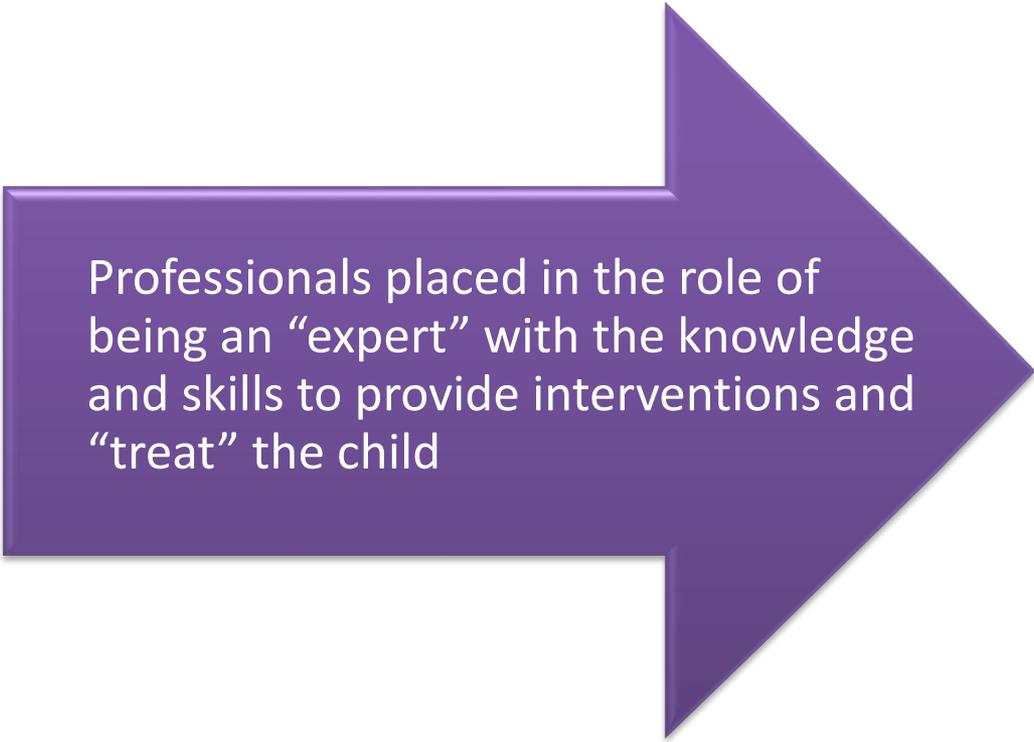
<https://y4y.ed.gov/learn/family/>

Components of Family Engagement



Engaging Families in Child & Youth Mental Health: A Review of Best, Emerging and Promising Practices
Nicole Chovil, PhD The F.O.R.C.E.
Society for Kids' Mental Health April, 2009.

Transitioning to a Family Engagement Model of Care



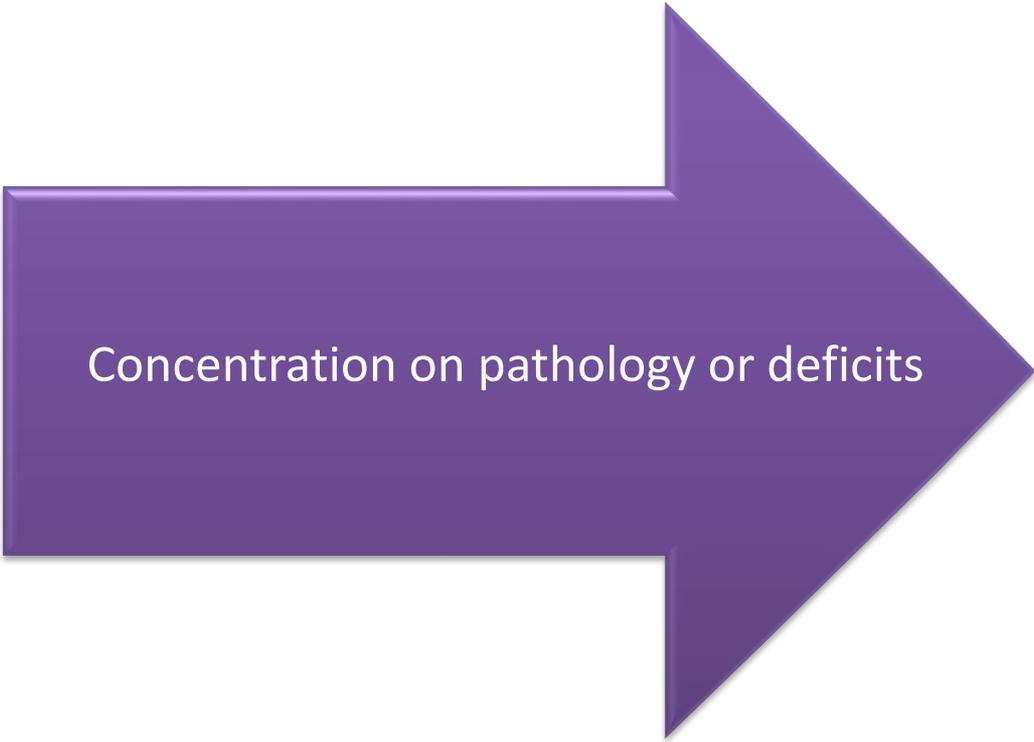
Professionals placed in the role of being an “expert” with the knowledge and skills to provide interventions and “treat” the child



**Families are
experts on
their child.**

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Transitioning to a Family Engagement Model of Care

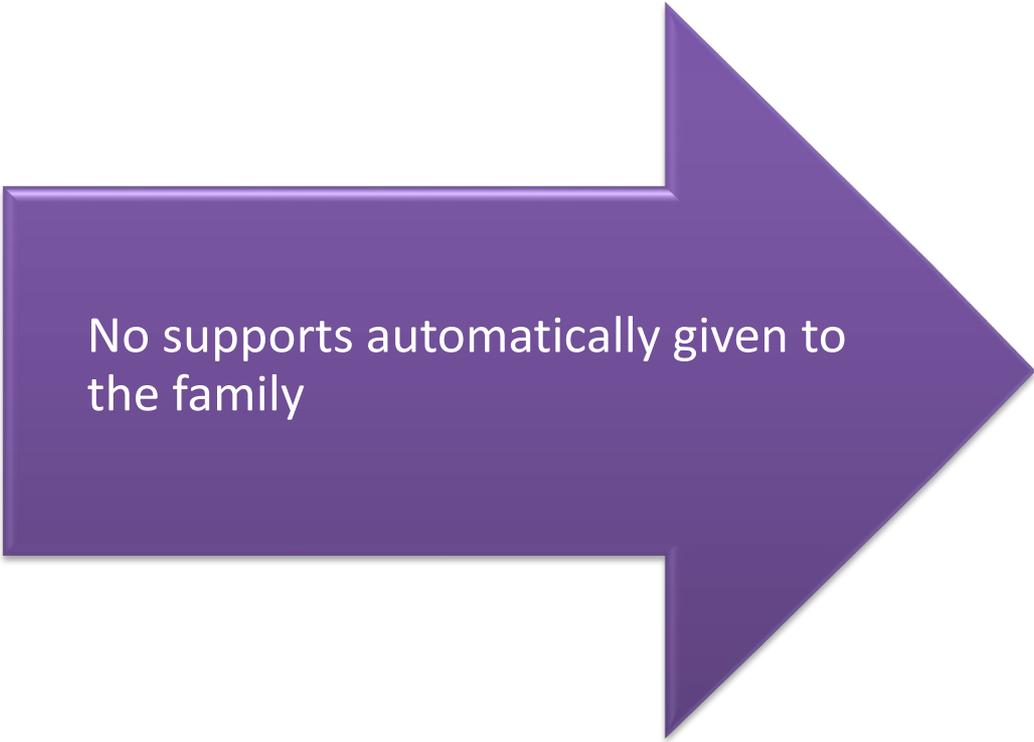


Concentration on pathology or deficits

Families are
viewed as
critical
partners in the
child/youth's
recovery.

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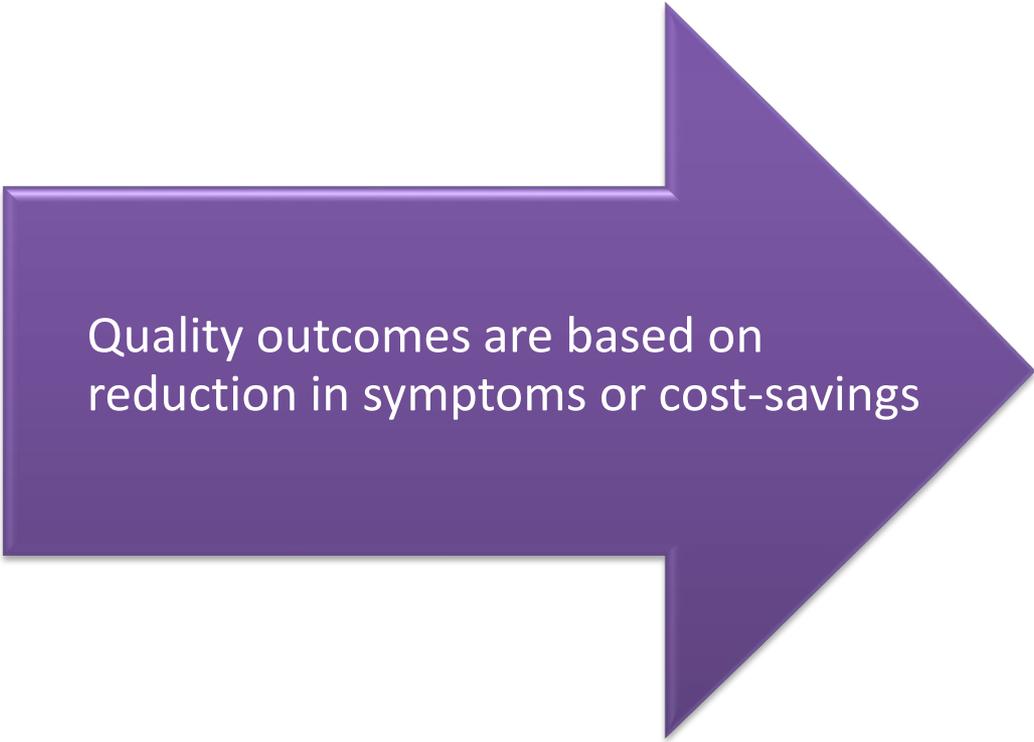


No supports automatically given to
the family

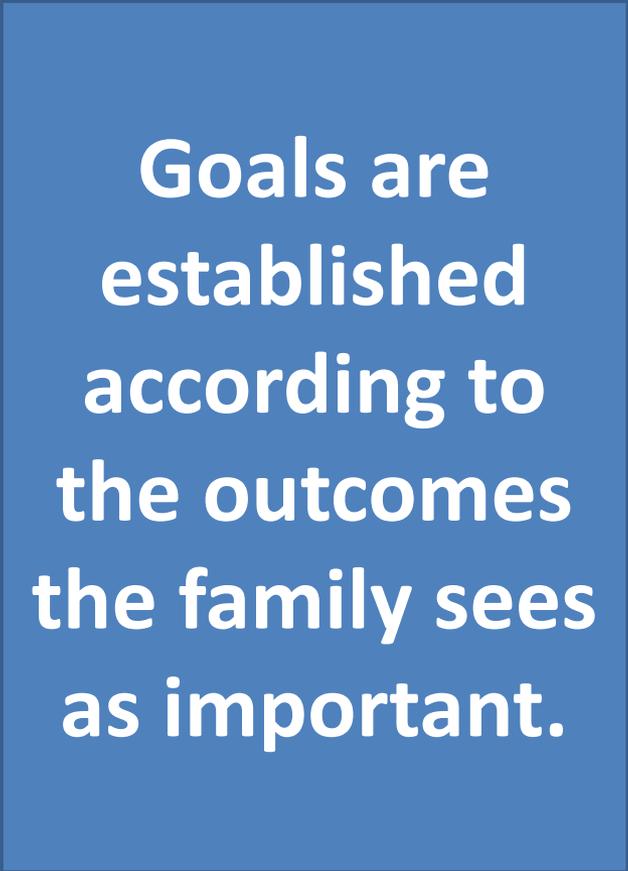
**Families are
supported in
their caregiver
role.**

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Transitioning to a Family Engagement Model of Care



Quality outcomes are based on
reduction in symptoms or cost-savings



**Goals are
established
according to
the outcomes
the family sees
as important.**

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Barriers to Family Engagement

- Transportation
- Work schedule
- Childcare
- Negative attitudes about the family
- Lack of consideration for cultural values
- Poor communication

Family Scenario

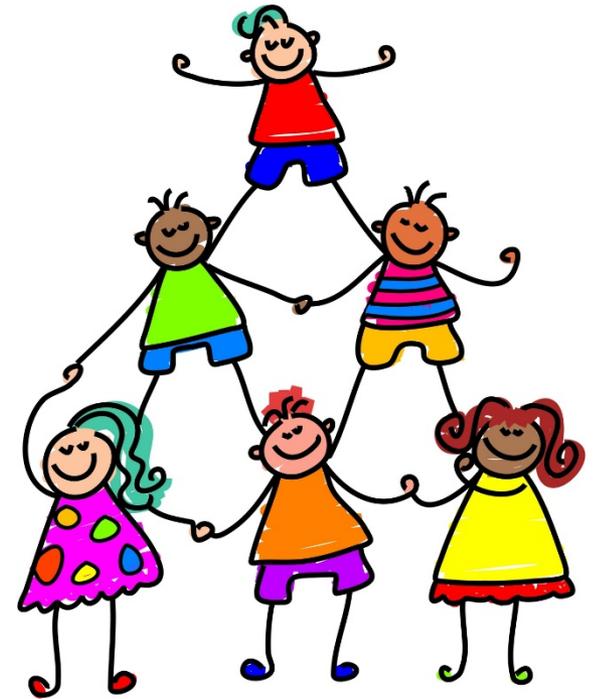
- Family is invited to participate in the youth's therapy session.
- Therapy is nearby school and takes place right after school lets out.
- The family does not attend.



What are the possible barriers?

Supports for Family Engagement

- Communication
- Flexible scheduling
- Information about rights and grievances
- Financial assistance
- Treating the caregiver with dignity and respect



Family Scenario

- Family is invited to participate in the youth's therapy session.
- Therapy is nearby school and takes place right after school lets out.
- The family does not attend.



What are the possible supports?

**Uses lived
experience**

**Interrupts bias
and blame**



**Trains and
co-trains
on SOC
topics**

**Helps parents
build self-
advocacy skills**

Family Peer Support

**Assists family in
system navigation**

Partners with DCFS

Key Points about Family Engagement

Best Practice –
support throughout the
literature
demonstrating benefits

Levels of family
engagement: policy,
management, services

Family engagement
fits in the System of
Care philosophy

Intentional Transition
from Traditional Care
Model to Family
Engagement Model

Key Points about Family Engagement

Families experience
barriers to engagement

There are ways to
support families to
overcome those
barriers

Family Peer Support is
another form of family
engagement

Think about ways to
offer support to
increase family
engagement for your
services



Questions

